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Reflection - Moderator

Have you ever found yourself in a place where you question or second guess decisions that you need to make? Maybe you find yourself overthinking things ... over and over again. In a study that was undertaken recently with a sample of over 10,000 people, they asked the participants whether they struggle with overthinking. Guess what? 99.5% said yes!

If you're not convinced – let me ask you one more question. Have you ever caught yourself re-reading a message or an email you have already sent? As if that is going to change anything? OK I rest my case...

But if we are honest, overthinking is a thing for most of us. Maybe we are fearful of being judged or making a mistake, maybe we are driven by what others will think. Sometimes we all find ourselves on repeat... we have developed our play list, soundtracks of messages that we play to re-tell ourselves about how it didn't go so well last time.

Research shows that leaders often find themselves frozen, reluctantly questioning, second guessing everything. Some talk about this as the "imposter syndrome", where you feel like a fraud, that you shouldn't even be here in the situation, wishing you hadn't said yes, feeling totally ill-equipped for the task at hand, or wishing you were somewhere else.

I wonder – how much time, energy and bandwidth do we waste doing this? Because most of the time overthinking doesn't change anything.

So how can we change? Where do we draw our identity from? What is the reference point that defines who we are and who we are becoming? How should we define ourselves, recognise ourselves? The risk is that we take our reference from what everyone else says or thinks we should be. We sometimes listen to our worst critic... which is often ourselves!

(Cont. next page)

Inside this issue: Reflection 1/2 Presbytery Dates 2025 3 UCA 48Yrs Picnic @ Glasshouse 6 5 BlueCare Golf Day Chaplaincy volunteers 6 9 Tewantin 75 Years Tuesday's @ Trinity 11 13 Reflection Gallery Learning for Living 15 Naidoc Week resources 17 Dates for your diary 18 **Presbytery Contacts** 19

Join us on <u>Facebook</u>

Presbytery <u>Webpage</u>

admin@maryburnettpres.org.au

(L) Admin 0417 509 433

UCA Qld Synod Webpage

Please submit newsletter articles to the admin officer at admin@maryburnettpres.org.au by 26th of the month.

Instead we could recognise ourselves as a child of God. In the Bible we read that we were all created in the image of God – not God but *like* God. This means that every person matters to God, and this is where we draw our recognition and identity from. You matter to God, and I matter to God.

What greater recognition do we need, than to know that we were designed and authored by the Creator of the Universe? We have the assurance and joy of being a part of the family of God, a child of the most high. That is an identity that no one else can give you.

It is my prayer that you would know this for yourself.

I pray that you would find your identity in God, who we learn in the stories that Jesus told – chases after you, who will not rest, until you know how much you are loved! Let us recognise ourselves as loved by God.

Let us also recognise ourselves as blessed by God. Jesus makes this promise to the world – *I have come that you would have Life in all its fullness*.

* May that be so for your life today!

Rev Bruce Moore Moderator (Source - Journey Online 6/2/2024)



Graham's Diary

July

5 Induction - Nathan Barton Blackall Range

10 PRC/Standing Committee (Zoom)

16 PSI

17 Placements

I alone cannot change the world, but I can cast a stone across the waters to create many ripples.

- Mother Teresa

Presbytery Meeting Dates 2025

July 19 - Caloundra UC November 14 - 16 - Camp Duckadang

Corinthians 12

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ.

Mary Burnett Online Services

<u>Blackall Range</u> - Website <u>Buderim</u> - YouTube <u>Bundaberg</u> - YouTube <u>Caloundra</u> - Facebook

<u>Cooroy/Pomona</u> - Facebook <u>Hervey Bay</u> - YouTube

Gympie Uniting Church - YouTube Kawana Waters - Facebook

Apologies if I've missed anyone, please let me know.

All ministry agents are required to have a Professional Supervisor. Professional Supervision Covenant forms are available on the Presbytery website.

Standing Committee and PRC 2024/25 Meetings

Submissions accepted for consideration up to 1 week before meeting. (Z = Zoom)

10 July (Z) 14 Aug Gympie

11 Sep (Z) 9 Oct Gympie

13 Nov (Z) 4 Dec Gympie

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BlueCare Thanksgiving Services

On the 24th June at Erowal - Maleny and the 25th June - Masters Lodge -Hervey Bay, BlueCare held thanksgiving services. These facilities along with 5 others across Queensland have been sold to Respect Aged Care, with BlueCare retaining the chaplaincy services at all facilities. BlueCare are grateful to the communities for the support received over the years. We heard from current staff, former employees and from residents, all of whom were very thankful.









Past, Present & **Future**

UNITING CHURCH NATIONAL HISTORY SOCIETY

NATIONAL CONFERENCE 3-5 OCTOBER 2025

ucnhs2025conference@gmail.com

uniting.church/uca-national-history-society/

Invitation to UC National History Conference

All who have an interest in the heritage of our churches are invited to register for the UC National History Conference to be held at Canberra City Church on 3-5 October.

The theme is about our church offering a 'prophetic voice' having spoken up on issues affecting Australia. Speakers will look at the impact of the church's influence in the past and give a focus to the present and offer inspiration for the fu-

Please visit our website (below) for information and registration options.

http://www.uniting.church/uca-national-history-society/

Enquiries: Rev Ivan Roberts - mobile 0422 648 191

Let me know what's happening in your congregation admin@maryburnettpres.org.au

UCA Turns 48

Glasshouse Country UCA hosted a UCA anniversary picnic for churches in the southern section of the Presbytery on Sunday 22nd June from 12.30-2pm. Although it had been raining and continued to be cloudy, about 40 folk from Caloundra, Kawana, Nambour and Glasshouse Country gathered for BYO lunch and home-made decorated cupcakes. We heard some wonderful testimonies of God's blessings for us over the history of the Uniting Church as well as our journeys into faith. We closed with prayer for the world, especially in relation to USA bombing of nuclear facilities in Iran.

While waiting after church for the picnic time, the Glasshouse folk had some favourite hymn singing time as well as sharing what we enjoyed about our congregation and how we chose this church. We had welcomed 2 new members on transfer from Dayboro congregation and 2 Fijian temporary workers as members-in-association during the service.

Rev Dr Elizabeth Nolan.







Presbytery committees members

Thank you to all who have stepped into Presbytery roles to serve on our

committees. We welcome:

Presmin: Ps Graham Huth

Chairperson: Mr Peter Coombes

Secretary: Mrs Naomi Cavalli

Treasurer: Mr Johan Frank

Admin: Mrs Kylie Aalbers

<u>Property Committee</u>: Mrs Wendy Jensen, Kylie Aalbers

Standing Committee: Rev Stuart Bosch; Rev Dr Elizabeth Nolan, Rev David

Ellis, Ps Steven Fincham, Rev Neil Storey, Presmin, Pres Chair, Pres

Secretary; Pres Treasurer, Property Committee, Pres Admin

<u>Pastoral Relations Committee</u>: Rev Stuart Bosch, Rev David Ellis, Rev Dr Elizabeth Nolan, Rev Neil Storey, Ps Steven Fincham, Mrs Margaret Gilbert, Mrs Wendy Jensen, Mr Johan Frank, Presmin, Pres Chair, Pres Secretary, Pres Admin,

Please pray for the members of these committees as they carry out the work of the Presbytery on our behalf.

I urge that petitions, prayers, intercessions, and thanksgiving be offered for all those in authority, so that we may lead tranquil and quiet lives in all godliness and dignity.

Honouring Our Volunteers

On Friday 6 June 2025, volunteers from across the Sunshine Coast gathered at Kawana Waters Uniting Church for the first bi-annual Sunshine Coast BlueCare/UnitingCare Volunteer Morning Tea. With warm hospitality and generous spirit, the Kawana Waters congregation provided a welcoming space for celebration, reflection, and encouragement.

Fourteen of our dedicated volunteers—offering pastoral care and spiritual companionship in BlueCare Aged Care facilities and at Buderim Private Hospital—came together over a delicious morning tea. It was a joyful pause to connect and give thanks for the quiet, faithful presence of those who walk alongside the vulnerable in our communities.

These volunteers reflect a broad tapestry of faith and conscience—Uniting, Anglican, Catholic, and others with no formal affiliation—each one bringing unique gifts to the ministry of listening, love, and presence. In chapels, at bedsides, and through simple gestures of kindness, they ease the burdens of loneliness and isolation, embodying the heart of caring service.

Presbytery Minister Graham Huth offered a prayer of thanksgiving and words of appreciation, affirming how each volunteer's presence enriches the lives of residents and patients alike. Jeff Howard, UnitingCare's Manager of Mission and Pastoral Care, shared stories capturing the power of simple connection. A group activity revealed an extraordinary 227 years of combined volunteer service among those present—a testament to enduring compassion and shared humanity.

As the morning drew to a close, what remained was a sense of shared purpose and deep encouragement. In the words of Jesus, "Whatever you did for one of the least of these... you did for me" (Matthew 25:40). Together, across denominations and beyond, we witness the Gospel lived out in everyday acts of love.

We look forward to our next volunteer gathering of thanks in November 2025.

Helen Cifuentes Chaplaincy Services Manager, Blue Care, Sunshine Coast







Page 6





WE'RE EXTENDING A UNIQUE, LAST-MINUTE OPPORTUNITY TO OUR UNITING CHURCH IN QUEENSLAND FAMILY

Alexandra Park Retreats

For smaller churches it is proposed that the site can be shared with sister churches to achieve the 50 person minimum. (Just \$110 pp for 2 nights, not catered) Bookings would be separate and invoiced separately.

Alex Park would be happy to take and EOI of your preferred dates and then both your church and Alex Park can try to raise interest from other Uniting Churches to join.

The important bits*:

- Non-catered and catered packages available
- Prices for a 50 person group for a two-night, non-catered stay start at \$5,500
- Non-catered packages currently available on the below 2025 dates:
 - ♦ 27-29 June
 - ◆ 25-27 July
 - → 5 7 September



COME AND EXPERIENCE THE BEAUTY OF ALEX PARK AND THE SUNSHINE COAST.

Get in touch with the team for more info. e. info@alexpark.com.au p. 07 5459 5600

*Offer available to Uniting Church in Queensland Congregations only







Have you read any good books recently?

Email your review to me at admin@maryburnettpres.org.au

Tewantin UCA 75th Celebrations

Whilst the Uniting Church celebrated its 48th anniversary this year the good folks at Tewantin got to celebrate a more significant anniversary their 75th anniversary of the Tewantin Building.

To celebrate their Diamond Anniversary, they decided to hold a weekend of celebrations with the Saturday being a community day, and the Sunday

being a day for the congregation.

On the Saturday although the weather was less than ideal, a free community BBQ was organised along with craft activities for children in the newly air-conditioned church hall and some BIG games to play outside.

Those who attended had the opportunity to view the history of the building with a large display board covering the church history from Presbyterian and

Methodist through to the Uniting Church.

Displays included photographs of special events and celebrations, articles recognising their various community contributions, a slideshow on the church screen showing the congregational life over recent years.





Other displays incorporated the official records of the church, articles and photographs covering the many activities of church life over the years. A timeline illustrated the first building and the various additions and improvements over the years.

In addition a plant and cake stall were also held and despite not having planned tea and

coffee those who attended took it upon themselves to organise a cuppa and chat (demonstrating the importance of food when trying to connect with the community).

The Sunday was a change of pace with the focus shifting to the congregation and we were privileged to have the Moderator Rev Bruce Moore attend a combined service of the congregations in Noosa Coastal and present the message to us.

After the worship service the celebrations adjourned to the hall for a buffet-style soup and bread rolls luncheon with a selection of 6 tasty soups, rolls and gluten-free muffins to choose from.

The hall looked amazing with the large 75 balloons displayed and of course the mandatory celebration cake which was cut by the three longest attending members.

Most significantly all of this was achieved without a Minister so a great big thank you goes to the many volunteers that made it happen.

Rev Neil Storey Minister Noosa Coastal Uniting Church



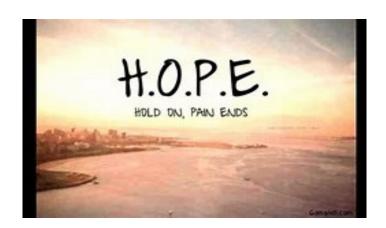
Wondai Uniting Church has recently replaced the windows in the church. We have 6 x blue, 6 x orange-amber coloured glass (one cracked) and 6 x plain glass windows to re-homed.

All glass has soft rippled effect.

Frames are not in good shape but the glass could be reused to repair/ replace broken lead-glass or coloured church windows.

These are available at no cost to other churches.

Please contact Winston Burrows 0408 685 543 if interested.



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Prayer

Gracious God, We come before you with gratitude and praise. Reflecting on your goodness and love, We echo the words of Psalm 118 and Give thanks to you Lord, for you are good; Your love endures forever! We ask that you would renew us as individuals and as your church. Help us to remember your faithfulness; To trust in your goodness, even in difficult times. As we cry out to you, hear our prayer and give us strength to persevere. Help us to declare your goodness and love that we have experienced To all people, that they may know you and worship you. As we celebrate your presence in our lives, We pray that you would bless us and keep us. May your face shine upon us and be gracious to us. We ask that you would give us joy and peace, That we may be a light to the world and a witness to your love. In Jesus' name, we pray. Amen.

Tuesdays at Trinity

July-August Short Courses

Tuesdays 9:30-11:30am



15 July - The First 100 days in a new Placement

22 July - Military & Police Chaplaincy

29 July - Worship in the UCA

5 Aug - Worship in the UCA

19 Aug - Church Property Oversight

26 Aug - Ministry with Children (Overview & Intro)

To enquire or enrol in any of these, please email ask@trinity.qld.edu.au or phone 07.3377.9950.

You can find the full list of Short Courses available for <u>Semester 2 2025</u> <u>here</u>.

(source Uniting News 24/06/25)



Presbytery Office

Maroochydore Uniting Church 6 Millwell Rd Maroochydore Mon - Thurs* 9am -3.30pm



Drop in for a cuppa *Except - SC & PRC

Presbytery Postal Address

Mary Burnett Presbytery

PO Box 1635

Sunshine Plaza 4558



Montville Reflection Gallery

Space to rest and reflect 10 am to 3 pm most days of the year! Montville Uniting Church, 152 Main Street, Montville Q.

From now until early September...

God is our Rock — An Exhibition by Wendy Jarrott-Smith

From Wendy—As you look at my 12 paintings on display, please take the time to read the accompanying thoughts and poems, for they express the 'soul' of my work, and complement my mark-making on the canvas. I find myself drawn to using acrylics in a vibrant palette, as my main medium. Those who know me well, have often heard me say "Life is too short to live without colour!" My preferred style is 'abstract and large', but for this exhibit, I have painted a mix of realism/ abstract and larger/smaller pieces.

Abstract painting gives me the freedom to conceptualise how our lived experiences shape our humanity, and to observe the 'rub' between the temporal and eternal worlds, through these experiences. The Celtic Christians would describe this space between the temporal, material world and the eternal world, as a 'thin place', and it is in the 'thin places' in our lives, that we often see the hand of God.

I have found this to be true in my life. And for that I am very thankful.

The paintings in this display all reference rocks, sand or dust, and especially the metaphor of 'God being our rock in times of trouble'. May I challenge you to reflect on who are the 'rocks' and 'the safe places' in your life? Have you found God to be your 'rock' in life? He wants to be.

Works are available for sale. Please contact Wendy in relation to purchases:

Mobile <u>0437925 292</u>







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Smile!

There are 26 letters in the alphabet but I'm friends only with 25.



I don't know why.

Position Vacant

UnitingCare Qld through their BlueCare Aged Care service is seeking an experienced Chaplain for the role of Chaplain - Kingaroy Canowindra Aged Care Facility.

This is a short term 6-month contract with the possibility of extending. The role will be 1 day per week.

This role will help lead the delivery of a Chaplaincy service to our residents and staff and community.

Please submit an expression of interest to the Secretary of Placements Committee placements@ucaqld.com.au COB Monday 16/6/25.

For any further information please email UnitingCare Manager of Mission and Pastoral Care Jeff Howard at jeff.howard@ucareqld.com.au

Please email Jeff Howard for a copy of the Position Description.

Please pray for our chaplains

- Ps Theo Masselos (Buderim PH)
- Rev James Stevenson (Buderim PH)
- * Ps Kristen Porter (Buderim PH)
- * Rev Keren Seto (St Stephens Hospital * Mr Craig Doherty (Sunrise Beach) Hervey Bay)
- Mr Shane Folay (Bundaberg)

- * Ps Jim Hall (Bli Bli/Gympie)
- * Ms Donna Hamill (St Stephens Hervey Bay)



Learning for Living

presented by Dr Shirley Coulson & Rev. Lyn Burden

Semester 2 2025

Exploring the Christian Scriptures

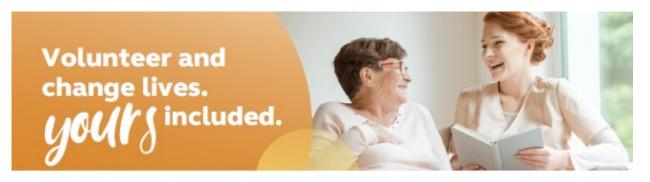
- Classes on Zoom Thursdays 7pm 9:15pm
- Starts July 17th and follows school term
- Concludes mid-November

For more information

www.mrpres.org.au/learning4living







PASTORAL CARE VOLUNTEER OPPORTUNITIES

Private Hospital Pastoral Care Workers and Compassionate Companions

- Pastoral Care to patients in UnitingCare Qld hospitals
- Social Engagement opportunities with dementia, vulnerable and end of life patients

Wesley and St. Andrews Hospital E: Leanne.Duncan@uchealth.com.au M: 0428 699 445

Buderim Private Hospital E: Theo.Masselos@uchealth.com.au E: Keren.Seto@uchealth.com.au M: 0418 879 802

St. Stephen's Hospital Hervey Bay

C: (07) 4120 1322

BlueCare Aged Care Pastoral Care Workers and Compassionate Companions

- Compassionate Companions engage with aged care residents through meaningful social interaction
- Pastoral Care to aged care residents

Contact Jeff Howard E: Jeff.Howard@ucareqld.com.au M: 0477 102 482

Grief and Loss Program Facilitators

- Grief & Loss of a Loved One; Trained volunteer Facilitators, facilitate a group for 2 hours a week over 8 weeks
- Grief, Loss and Dementia; Trained volunteer Facilitators, facilitate a group for 2.5 hours a week over 5 weeks

Contact: Jen Nel E: griefandlossprogram@bluecare.org.au M: 0460 571 946

Prison Chaplains and Court Supporters

- Prison Chaplains provide Pastoral Care and Sunday chapel services on a roster in ecumenical teams.
- Court Supporters provide practical assistance and emotional support to court users

Contact: Jessie Sanders E: Jess.Sanders@ucareqld.com.au M: 0419 243 525

Public Hospital Chaplains

Trauma Informed Chaplains who walk gently with those in crisis on call after hours in public hospitals.

This role requires appropriate contextual education & background to be a candidate.

Contact: Colin Gordon E: Colin.Gordon@ucaregld.com.au M: 0437 390 887

View Our Vacancies & Apply Here Sign up at myuniting.care/pastoral-care







To Find More Volunteer Opportunities Visit myuniting.care/volunteer



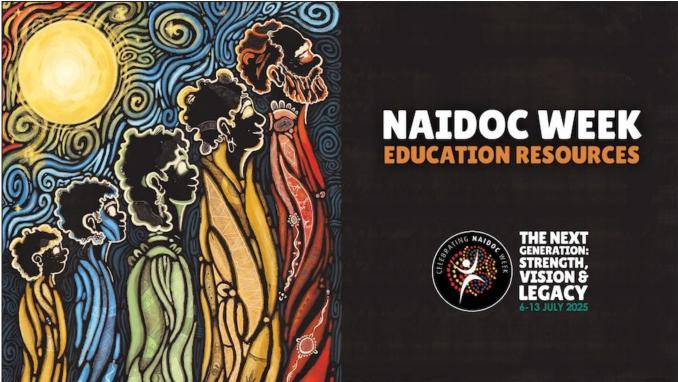
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POSITION VACANT - CALOUNDRA UNITIING CHURCH

Office Administrative Assistant - 10 hours per week

For more information and a copy of the Position Description please contact Ivy Dempsey – secretary@caloudraunitingchurch.org.au mobile 0407 370 952

Applications close 25 July 2025



NAIDOC Week celebrations are held across Australia in the first week of July each year (Sunday to Sunday), to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC Week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrations of the oldest, continuous living cultures on earth. The 2025 NAIDOC Week (6 to 13 July) theme is *The Next Generation: Strength, vision and legacy*.

NAIDOC Week resources for early childhood - ABC Kids
NAIDOC Week education resources Foundation to Year 10

(source Uniting News 24/06/25)

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Dates for your Diary

2025 PRESBYTERY MEETINGS Start time: 9.00am

- * 19 July Caloundra UC
- * 14-16 November TBC

Business meeting Saturday 9am

2025 STANDING COMMITTEE, COMBINED & PASTORAL RELATIONS COMMITTEE MEETING

10 July (Zoom) 14 Aug (Gympie) 11 Sep (Zoom) 9 Oct (Gympie)

13 Nov (Zoom) 4 Dec (Gympie)

Start time: 9.30am (gympie) or 1-3pm (Zoom)

Submissions accepted for consideration up to 1 week before meeting.

SAFE MINISTRY TRAINING

John 14:1-2
1"Do not be worried and upset," Jesus told them. "Believe in God and believe also in me. 2 There are many rooms in my Father's house, and I am going to prepare a place for you. I would not tell you this if it were not so."

Jesus knows me, this I love!

CODE OF ETHICS TRAINING

MINISTERS RETREAT

*

INDUCTIONS, COMMISSIONINGS, SERVICES OF CONCLUSION

* 5 July - Induction Nathan Barton - Blackall Range

FINANCE, INVESTMENT & PROPERTY (FIP) MEETINGS

* 25 July

RETIRED REVS

* 12 May Luncheon

<u>SYNOD</u>

* 15-19 May 2025

ASSEMBLY

* July 2027



www.maryburnettpres.

org.au

Are your details on our website correct? Please email changes to admin@maryburnettpres.org.au

MARY BURNETT PRESBYTERY

WHO ARE WE?

The Presbytery, as a Council of delegates from congregations and agencies, are disciples witnessing the love and transformation of Jesus in order to better serve our ministry agents, congregations and other places of ministry within its bounds.

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Presbytery Contacts

PS Graham Huth (Presbytery Minister)

presmin@maryburnettpres.org.au 0456 556 528

Mrs Naomi Cavalli (Secretary)

secretary@maryburnettpres.org.au 0401 161 165

Mr Peter Coombes (Chairperson)

chair@maryburnettpres.org.au 0400 300 267

Kylie Aalbers (Admin Officer)

admin@maryburnettpres.org.au 0417 509 433

Johan Frank (Treasurer)

treasurer@maryburnettpres.org.au 0478 888 727

Property Committee

Wendy Jensen - jensenlw@bigpond.com Kylie Aalbers - admin@maryburnettpres.org.au

Safe Ministry (Safe People, Safe Environment) Vacant

Rev Dr Elizabeth Nolan

Professional Supervision coordinator Period of Discernment Coordinator CEM coordinator enolan1@outlook.com

God's love knows no bounds

STANDING COMMITTEE MEMBERS:

Ps Graham Huth

Rev Stuart Bosch

Mr Peter Coombes (Pres Chair)

Mrs Naomi Cavalli (Secretary)

Rev David Ellis

Rev Dr Elizabeth Nolan

Rev Neil Storev

Ps Steven Fincham

Mr Johan Frank (Treasurer)

Mrs Wendy Jensen (Property)

Mrs Kylie Aalbers (Admin, Property)

PASTORAL RELATIONS COMMITTEE MEMBERS:

Ps Graham Huth (PRC Chair)

Rev Stuart Bosch

Mr Peter Coombes (Pres Chair)

Mrs Naomi Cavalli (Secretary)

Rev David Ellis

Rev Dr Elizabeth Nolan

Rev Neil Storey

Ps Steven Fincham

Mrs Margaret Gilbert

Mrs Wendy Jensen (Property)

Mrs Kylie Aalbers (Admin, Property)

Mr Johan Frank (co-opted)

POSTAL ADDRESS OF THE PRESBYTERY

Mary Burnett Presbytery

PO Box 1635, Sunshine Plaza, Qld 4558

Office Address: Maroochydore UC 6 Millwell Rd, Maroochydore

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12-26-200

GENERALLY THE FIRES THAT I LIGHT UNDER PEOPLE ARE FIGURATIVE IN NATURE ... BUT THIS GUY WAS MOVING EXCEPTIONALLY SLOW

WORK DAYS

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Grahams day off varies, according to his

schedule. Please leave him a message if no answer, and he'll get back to you when he's able. Phil's day off is Saturday. Whilst Phil may check messages and respond to urgent requests, please leave non-urgent matters for work days. Thank you.

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